

## Africa's first and largest *Hospital-at-home*

### + Hospital-Level Care at Home

Get the same high-quality care you would in a hospital—in your home.

### + Covered By Most Medical Aids

Affordable and accessible care that works with your medical aid.

### + Faster, Better Recovery

Heal quicker in the comfort of your own space with personalised care.

### + Around-the-clock Monitoring

Stay safe and connected with 24/7 remote health monitoring.



## Welcome to *Quoro Medical*

We deliver premium healthcare solutions that are **more accessible and affordable for everyone.**

### The Good News?

We take care of everything and bring all the essential elements of in-hospital-care to your home.

### The Even Better News?

Healing at home is proven to be safer and more comfortable, leading to quicker recoveries and better health outcomes.

### Do You Qualify?

You qualify for our care if you are 18 or older, unwell enough to need care typically provided in a hospital general ward, and have been referred by your doctor.

Typical HAH Conditions include:

#### Infections

- Community-Acquired Pneumonia (lung infections)
- COVID19
- Skin and soft tissue infections (Cellulitis)
- Bladder or Kidney infections (UTI)

#### Chronic conditions with frequent exacerbations/flare-ups

- Acute exacerbation of COPD
- Acute exacerbation of Asthma
- Acute exacerbation of Congestive Cardiac Failure

#### Other

- Diabetes
- Post Surgery
- Dehydration
- Deep vein thrombosis
- Stable Pulmonary Embolism
- Post MI
- Nose bleeds (Epistaxis)
- Minor strokes (TIA)
- Syncope/Collapse

Or any other condition deemed appropriate by the referring doctor.

### When is HAH appropriate?

**INSTEAD OF HOSPITALISATION:** Patients who would ordinarily be admitted to a general ward requiring ongoing monitoring and treatment.

**EARLY HOSPITAL DISCHARGE:** Patients initially admitted to the hospital whose clinical condition has stabilised but still require ongoing hospital-level monitoring and care.

**POST-HOSPITAL DISCHARGE:** Patients at high risk of deterioration after hospital discharge following an acute admission or procedure.



We know that when you need us, you won't be feeling your best. **That's why we're here to support you through this time and help you recover as quickly as possible.**

Here Are Our Three Offerings:

## 1 Remote Patient Monitoring

- Admission cycle of around 5-7 days
- 24/7 virtual vital signs monitoring
- Daily virtual consultations with our clinicians
- 24/7 access to a Quro Medical's Clinical Command Centre team
- Continuous care by your treating doctor and/or our Quro doctors
- Short-term home oxygen, if needed
- Ambulance services, if needed

## 2 Hospital-At-Home

- **All services offered in Remote Patient Monitoring PLUS**
- Daily visits for around 3 days, or more frequently where needed
- Blood tests
- Wound care
- Medication and/or fluids via a drip
- Allied healthcare services, including Physiotherapy

## 3 Transitional Care Programme

TCP facilitates a safe, timely transition from hospital to home post-discharge, providing proactive, evidence-based support to prevent hospital readmission.

- 30-days Remote vital sign monitoring
- Daily virtual engagements with a healthcare professional.
- A dedicated care team to help you manage medication and schedule follow-up appointments with your primary doctor.
- 24/7 access to a clinical team for any concerns about your medical condition.

TCP is available to select medical scheme members only.

## Our Admission Is Easy



- 1 Visit your doctor and have a consultation to decide if Quro Medical is a good option for you.



- 2 We handle the pre-authorisation and will then get in touch with you. Most medical schemes cover these costs through the hospital benefit or you can select a cash-paying option.



- 3 Once approved, a member of our clinical team will meet you at your home (or at the hospital if you are currently admitted).



- 4 Relax and recover from home with our 24/7 monitoring, regular check-ins, consultations, and ongoing support from the treating doctor.

## We'd Love To Chat

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